

Intrauterine Device (IUD) Insertion Checklist

For full information and pathways, see the [Intrauterine Devices](#) and [Intrauterine Device Insertion](#) pathways.

Pre-procedure

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| 1 | Discuss the benefits, side-effects, risks, suitability, and contraceptive efficacy. Provide patient information on long-acting contraceptive choices . Offer all options. | <input type="checkbox"/> |
| 2 | Discuss cost and funding options. | <input type="checkbox"/> |
| 3 | Check contraindications and cautions for IUD insertion.
See the New Zealand Formulary (NZF) for full information: <ul style="list-style-type: none"> • Copper Intrauterine Device • Intrauterine Progesterone-only Device | <input type="checkbox"/> |
| 4 | Offer a sexually transmitted infection (STI) check to all patients.
If the patient is at risk of pelvic inflammatory disease (PID), arrange an STI check. | <input type="checkbox"/> |
| 5 | Check the timing of the insertion. Give advice about the need for extra contraceptive precautions and/or a pregnancy test after insertion when appropriate. | <input type="checkbox"/> |
| 6 | Discuss how to avoid being at risk of pregnancy when the patient attends their IUD fitting appointment. Give patient information . | <input type="checkbox"/> |
| 7 | Provide patient information on inserting an IUD or IUS . | <input type="checkbox"/> |

Procedure appointment

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| 8 | Discuss again any issues that the patient would like to re-visit or clarify. Give the patient the opportunity to ask questions. | <input type="checkbox"/> |
| 9 | Manage STI test results, or awaited results, appropriately. | <input type="checkbox"/> |
| 10 | Exclude current pregnancy.
If there is a risk of pregnancy do not fit the IUD, except when using a copper IUD for emergency contraception within the permitted time frames from unprotected intercourse. | <input type="checkbox"/> |
| 11 | Obtain informed consent. | <input type="checkbox"/> |
| 12 | Complete the information section on the back of the patient booklet and advise patient to: <ul style="list-style-type: none"> • check threads after insertion and after their period each month. • be aware of 5- or 10-year lifespan of the device. • use additional contraception for the next 7 days, if required. | <input type="checkbox"/> |
| 13 | Give Post-IUD Insertion Information . | <input type="checkbox"/> |

Post-procedure

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| 14 | Complete documentation notifying that the insertion has been done. | <input type="checkbox"/> |
| 15 | Set an appropriate recall date in the patient management system (PMS). | <input type="checkbox"/> |