

POAC CLINICAL POLICY

Ultrasound to exclude Testicular Torsion

Please Note: This is not intended as a clinical guideline for management of suspected Testicular Torsion in Primary Care

Rationale:

Requests have been received for POAC to fund scrotal ultrasound investigation for the purpose of excluding testicular torsion. Diagnosis should usually be made based on clinical presentation; diagnosis and treatment should not be delayed. See relevant pathways: [Scrotal lumps in Adults](#) and [Epididymo-orchitis](#)

POAC Policy:

POAC WILL NOT fund an ultrasound for the purpose of excluding testicular torsion unless discussed with a hospital Urologist and an appointment can be arranged the same day. Include the name of the recommending clinician with the clinical notes provided to POAC

Rationale: Testicular torsion requires urgent review in hospital. Awaiting an ultrasound will cause delay in specialist assessment.