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## POAC FUNDING IN SORE THROAT

## Intravenous Rehydration and Intravenous Antibiotics in Acute Sore Throat

This policy refers to sore throat including tonsillitis, quinsy and pharyngitis.

Follow the Sore Throat HealthPathway <a href="here">here</a>

## **POLICY: Intravenous (IV) rehydration**

POAC funds IV rehydration in sore throat if the patient has moderate dehydration, in accordance with the guidance in the Dehydration HealthPathway <a href="here">here</a>

**NOTE:** If the cause of the dehydration is **difficulty swallowing**, IV rehydration in primary care **must be endorsed by an ENT/ORL specialist**, as these patients are frequently more appropriately managed in secondary care.

## **POLICY: Intravenous (IV) antibiotics**

IV antibiotics administered in primary care are not usually indicated for sore throat.

POAC does not fund IV antibiotics for the treatment of sore throat **UNLESS** endorsed by an ENT specialist. The name of the specialist must be documented in the clinical notes.

Note: POAC does not fund the administration of intramuscular antibiotics

Primary Options for Acute Care – Auckland Region
POAC Clinical Policy: Antibiotics in sore throat/tonsilitis

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