# Checklist for Jadelle insertions

<table>
<thead>
<tr>
<th>Task</th>
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<tr>
<td>Review reason for wanting implant. Ensure all options are offered.</td>
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<td>Check current risk of pregnancy – should be inserted by day 5 of period or within 4 weeks post-partum, or after reliable use of effective contraception, Do a pregnancy test if any doubt.</td>
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<td>Advise 7 days precautions unless fitted within first 5 days of the cycle.</td>
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<td>Check history for contraindications and record weight if not already done.</td>
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<td>Review pros and cons emphasizing bleeding irregularities and their management, possible hormonal side effects, scars and possible difficulty with removal.</td>
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<td>Assess for Enzyme inducing drugs that may affect the reliability - eg. some anti epileptics (phenytoin, carbamazepine, topiramate, oxcarbazepine) or oral antifungals (rifampicin, rifabutin)</td>
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<td>Obtain consent</td>
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<td>Advise insertion non-dominant arm</td>
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<td>Advise to observe wound for redness, undue soreness, wound not healing - to see GP</td>
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<tr>
<td>Advise re 5 year lifespan and complete information on back of patient booklet</td>
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<td>Complete documentation notifying insertion done</td>
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